# Nutrition Facts 

## 4 servings per container <br> Serving size 2 ounces (56g)

Amount per serving

| \% Daily Value |  |
| :---: | :---: |
| Total Fat 1 g | 1\% |
| Saturated Fat 0 g | 0\% |
| Trans Fat 0g |  |
| Cholesterol 0mg | 0\% |
| Sodium 0mg | 0\% |
| Total Carbohydrate 43g | 16\% |
| Dietary Fiber 1g | 4\% |
| Total Sugars 0g |  |
| Includes Og of Added Sugars | 0\% |
| Protein 5g |  |
| Vitamin D Omcg | 0\% |
| Calcium 14mg | 0\% |
| Iron 2mg | 8\% |
| Potassium 200mg | 4\% |
| * The \% Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice |  |

Calories per gram:
Fat $9 \cdot$ Carbohydrate $4 \cdot$ Protein 4

